

as well as those of parched temperament, or suffering froir, epileptic fits should not be fomented at all.

CHAPTER CXC VII.

DHANVANTARI said:—Hear me, O Sushruta, who art well conversant with the nature of diseases, discourse on the preparations and efficacies of different medicinal oils and Ghritas. Cook a Prastha measure of clarified butter with an Aksha measure of each of the following drugs, viz., Shankha-pushpi, Vacha, Soma, Brihmi, Brahma, Suvarchala, Abhayi, Guduchi, Atarushaka and Vaguchi, in combination with a Prastha measure of the expressed juice of KantakS.ri and the same quantity of milk. This Ghritam is called Brihmi Ghritam. It improves the intellect and memory. Cook a Ghritam with Triphali, Chitrakam, VallU Nirgundi, Nimva, Visaka, Punarnavi, Guduchi, the *twb* kinds of Vrihati and Shativari, or with as many of them as are available. This Ghritam may be used with benefit in all forms of disease. Cook half an A'dakam of oil with a decoction of a hundred Vates and a paste of Madhukam, Man;jishth4, Chandana, Utpalam, Padmakam, Sukshmete, Pippali, Kushtham, Tvak, Eli, Aguru, Keshara, Ashvagandhi, and drugs of the Jivaniya group; cook it over a gentle fire, and keep it in a silver pitcher after cooking. This Ghqtam^ which is named as Rija-ballabham, proves highly efficacious in all th* discuses of

deranged V&yu, no matter what fundamental principle of the organism it might have affected, as well as in diseases of the deranged Kapham. Cook a Prastha measure of clarified butter with a Prashtha measure of the expressed juice of Shat&vari and a Prastha measure of milk, as well as with the addition of the paste of a Karsha of each of the following